Sevadhama is looking for charitable donations

- **The donations to the trust are eligible for tax concessions under sec 80 G.**
- As a private, non-profit rehabilitation facility, Sevadhama relies on donation to maintain its excellence in helping patients achieve the best possible outcomes. Charitable gifts are directed to rehabilitation activities or other specific needs at a donor’s request.
- Sevadhama charges only for the food bill of the patient and care taking. Therapy and other maintenance expenses are to be met by donations.
- For sustaining and expanding this noble project
- Assistive devices: mobility aids and appliances for a child/youth with disability can change life of a person with SCI

<table>
<thead>
<tr>
<th>Amount</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rs 2,000</td>
<td>Sponsor a Medical kit to SCI for one month</td>
</tr>
<tr>
<td>Rs 6,000</td>
<td>Sponsor a nominal fee of a SCI for one month</td>
</tr>
<tr>
<td>Rs 4,500</td>
<td>Sponsor a caretaker for a SCI person for one month</td>
</tr>
<tr>
<td>Rs 3,000</td>
<td>Sponsor a days food at Sevadhama</td>
</tr>
<tr>
<td>Rs 10,000</td>
<td>Sponsor for Community Visit</td>
</tr>
<tr>
<td>Rs 15,000</td>
<td>Sponsor a wheelchair for a SCI</td>
</tr>
<tr>
<td>Rs 10,000</td>
<td>Celebrate Your Birthday at Sevadhama</td>
</tr>
</tbody>
</table>

Sevadhama is located 17 kms from Dharmashala, in peaceful and serene surroundings with spiritual ambience close to Sri Mahaganapathy Temple. Southadka, the place for solace and rejuvenation.

More people support us the more work we can do to help people with spinal cord injured live an independent life.

**Sevadhama**

**Address**
Op. Sri Mahaganapathy Temple, Southadka
Kokkada Village, Belthangady TQ-574198
D.K. District, Karnataka

**Contact Numbers**
Mobile: 9448524888, 9845491241

**E-mail**
Sevadhama@sevaba Bharathi.org

**Website**
www.sevabharathi.org

**Bank Account Holder Name**
Ms. Sevabharathi

**Bank Account Number**
01842200072637

**IFSC Code**
CNRB0010168

**Bank**
Canara Bank, Kokkada Branch

**Our Team**

- **K. Vinayaka Rao**
  Founder of Sevadhama
  President & Ed.
  Sevabharihi, Kanyad-ii
  Mob no.: 9844030114
  Diploma in Electrical Engineering
  Agriculturist & Self Employed Person with SCI since 25 years

- **Smt. Swarangowri**
  Secretary, Sevabharathi Trust
  Mob No.: 9486047352,
  Accountant in Co-operative Society & Social Worker

- **K. Purandara Rao**
  Convener of Sevadhama
  Mob No.: 9880686969
  Res. Sr. Bank Manager, Agro-Biurist
  Social Worker, Naranam

- **Dr. Muralidhar Nayak**
  Director, Sevadhama
  Mob No.: 9848047352,
  Former VC, Mysore University,
  President, Mysore & Joaquin Disabilities
  Association Persons with SCI since 45 years

- **Vijaya Kodavoor, Udipi**
  Director, Sevadhama
  Mob No.: 9864613195
  Social Worker

- **Babakrishna**
  President, Sevadhama
  Mob No.: 9440936333
  Social Worker

**Sponsor a medical kit to SCI for one month**

**Sponsor a care taker for a SCI person for one month**

**Sponsor a days food at Sevadhama**

**Sponsor for Community Visit**

**Sponsor a wheelchair for a SCI**

**Celebrate Your Birthday at Sevadhama**

**Donate & Join Us in Our Mission**

Give once: Help us to expand
Give regularly: Our regular givers allow us to plan big and take action long term
Celebrate your memorable moments
Take part in an event

**Sevadhama Rehabilitation Center for Spinal Cord Injured (Unit of Sevabharathi Trust, Kanyakumari) ESTD-2018**
Vision: The vibrant organization empowers lives through social inclusion and to support self-reliant.

Mission:
- Empowering People with spinal Cord Injury to lead and live healthy and dignified life through rehabilitation and livelihood support.
- Empowering rural women by providing training to work their way out of poverty, care for their family and lead a happy and dignified life.
- Facilitate blood donation camps, health camps & Ambulance services to the needy.

Activities:
- Identify PwSCI People with Spinal Cord Injury) help to improve their quality of life in six district (Dakshina Kannada, Udupi, Kodagu, Chikamagalur, Uttarkannada & Kasaragod.
- Assist PwSCI to register with government agencies and secure them due benefits.
- Extend rehabilitation services, empower them with life skills and enable to lead a life with dignity and self-help.

VALUES
- Respect
- Empathy
- Quality
- Collaboration

Sevadhama a beacon of light in the life of Persons with Spinal Cord Injury

Spinal Cord Injury Consequences:
- Every person with SCI deals with all or most of the following lifelong consequences on a daily basis
- Impairment of communication to and from the brain
- Lack of sensation below the level of injury
- Lack of mobility in the legs & Loss of bladder control and bowel control
- Impairment of sexual ability
- Risk of skin breakdown(breaches)
- Urinary Tract Infection(UTI)
- Secondary complications, risk for lifetime
- Inappropriate size of wheelchairs - enhanced risks
- A person with neck-down paralysis has to deal with additional aspects such as:
  - Loss of hand and/or finger function
  - Respiratory challenges
  - Rapid blood pressure rise, life threatening risk
  - Unusual clotting of blood in the legs

DO YOU KNOW

Spinal Cord Injury Facts:
- Multiple disabilities at one stroke
- Lifelong disability
- Complete or partial on functional ability
- No complete cure anywhere in the world
- Surgery does not mean recovery
- Quality rehabilitation, the only way forward
- Physiotherapists, Physiotherapists, Occupational therapists - The guide for PwSCI
- Peer trainers and peer guidance - Best support for lifetime
- Quadriplegia-injury at the neck level
- Paraplegic-injury below the neck level
- Most common causes - road accidents and fall from heights, virus attack & Spine TB.

Sevadhama is Located at Sauthadka
Established with Rs 30 Lakh overhead cost and 20 Lakh recurring cost
Sevadhama is housed in a rent free building provided by Sri Mahaganapathy Seva Trust (RT), Sauthadka.
Technical and partial financial support from APD (The Association of People with Disability, India)
Accommodates 10 PwSCIs at a time, generally requiring three months in house facilities
Targeted to rehabilitate 40 to 50 PwSCIs in a year.

Road map of Sevadhama
- Replicate “Sevadhama Model”- establish SCI rehab centers in other places to cater the needs of wider segment of the SCI sufferers covering three districts
- Ensure social inclusion and increase the mobility of people with SCIs
- Educate and provide vocational training to people with SCIs
- Work with the government and donor agencies to ensure required resource deployment.

Supported & Guided By
The Association of People with Disability (APD), India and Sri Maha Ganapathy Seva Trust (RT), Sauthadka

We Did It

Founder of this organization is a person with spinal cord injured Knowing and experiencing fully the complexities of the issue, established a SCI Rehabilitation centre - “SEVA DHAMA” at Sauthadka for the benefit of economically marginalized people with SCI

VALUES
- Respect
- Empathy
- Quality
- Collaboration

Sevadhama a beacon of light in the life of Persons with Spinal Cord Injury

Provide free-healthcare : therapy and capacity building sessions for people with SCI
Enhance mobility : Ensure social inclusion and increase mobility of people with SCIs by providing suitable mobility aids & training
Emotional Support : Deal with the emotional and behavioral concerns of the newly injured patient and with any potential cognitive dysfunction
Medical Support : effective pressure sores management, orthotics assistance, home care assistance, guidance
Awareness : Develop and publish awareness materials about SCI

Our Services at SEVADHAMA